

# BETA BLOCKER (BLOOD PRESSURE MEDICATION) INFORMATION

## Important Drug Information for Allergy Patients

What are Beta-Blockers? Beta-blockers are medicines commonly prescribed for high blood pressure or heart conditions for control of migraine headaches, glaucoma and tremors. Beta blockers can make allergy symptoms worse and can increase the risk of serious allergic reactions. We cannot test you if you are taking Beta Blockers. Examples:

### ORAL

Brand	Generic	Brand	Generic
Apo-Metoprolol	Metoprolol	Novo-Pindol	Pindolol
Apo-Propranolol	Propranolol	Novopropranol	Propranolol
Apo-Timol	Timolol	Normodyne	Labetalol
Betapace	Sotalol	Propafenone	Rhythmol
Betaloc	Metoprolol	Sectral	Acebutolol
Blocadren	Timolol	Slow-IRASICOR	Oxprenolol
Brevibloc	Esmolol	Sorine	Sotalol
Bystolic	Nebivolol	Sotacor	Sotalol
Cartrol	Carteolol	Tenoretic	Atenolol
Coreg	Carvedilol	Tenormin	Atenolol
Corgard	Nadolol	Timolide	Timolol
Detensol	Propranolol	Toprol XL	Metoprolol
Inderal	Propranolol	Trandate	Labetalol
Inderide	Propranolol	Trasicor	Oxprenolol
InnoPran XL	Propranolol	Viskazine	Pindolol
Kerlone	Betaxolol	Visken	Pindolol
Levatol	Penbutolol	Zebeta	Bisoprolol
Lopressor	Metoprolol	Ziac	Bisoprolol

### OCULAR (Eye)

Brand	Generic	Brand	Generic
AK-Beta	Levobunolol	Ocupress	Carteolol
Betagan	Levobunolol	OptiPranolol	Metipranolol
Betaxon	Levobetaxolol	Timoptic	Timolol
Betimol	Timolol	Xalcom	Timolol
Betopic	Betaxolol	Cosopt	Timolol
Istalol	Timolol	Ocudose	Timolol
Ocumeter	Timolol		

If you have any questions please call us at:

**509.789.1020**

# ANTIHISTAMINE INFORMATION

Antihistamine medications can interfere with testing. In order to obtain the most accurate results possible please follow the schedule below.

## **Antihistamines to be stopped 5-14 days prior to your appointment:**

- Cetirizine (Zyrtec, Xyzal, Zyrtec D)-5 days
- Fexafenadine (Allegra)-10 days
- Loratadine (Claritin, Claritin D, Alavert, Clarinex)-14 days

## **Antihistamines should be stopped 48 hours prior to your appointment:**

- Diphenhydramine (Allernix, Benedryl, Nytol)-48 hours
- Doxylamine (Bendectin, Nyquil)
- Elavil
- Hydroxyzine (Alarax, Marax, Vistaril)
- Promethazine (Phenergan)

**Note:** Antihistamines are also found in many over the counter medication, including Tylenol Allergy, Actifed Cold and Allergy, Alka- Seltzer Plus Cold with Cough Formula and many others. Make sure you read check the ingredients carefully and stop those containing antihistamines.

## **Nose sprays and eye drops to stop 3 days prior to your appointment:**

- Azelastine (Astelin, Astepro, Optivar)
- Ketotifen (Zaditor)
- Olapatadine (Pataday, Patanese)

## **Medications to stop 24 hours prior to appointment:**

- Cimetidine (Tagamet)
- Famotidine (Pepcid)
- Nizatidine (Axid)
- Ranitidine (Zantac)

\*There is no need to stop Flonase, Nasonex, Nasacort, Rhinocort, and Veramyst, as these medication will not affect the skin test.