

IMPORTANT INFORMATION REGARDING: INFANT HEARING ASSESSMENT

Date: _____ Time: _____ AM / PM Duration: 90 min

Location: 217 W Cataldo, Spokane, WA 99201

IT IS IMPERATIVE THAT YOUR CHILD BE SLEEPING DURING THE TEST

The hearing assessment is very sensitive to any eye movement or muscle movement your child makes, therefore, testing cannot be done if the child is awake. Before the test starts the audiologist will put some sticky electrodes on the child's forehead and ears. Often this process will wake a child that is already sleeping. It is best if the child is kept awake and hungry prior to testing. After the equipment is set up, the child can eat and fall asleep.

We recommend following these simple steps:

- **SLEEP DEPRIVATION** prior to the test
 - Keep your child up later than normal the night before the test
 - Get him up early on the morning of the test
 - Try to skip naps
 - Try not to let your child sleep on the drive to the clinic.
- Please limit food for a couple of hours prior to the test. You will be able to feed your child during the appointment.
- The age and disposition of your child will affect the amount of sleep and food deprivation needed for the child to sleep during the test. Use your own judgment when deciding how long to keep them awake and how long to withhold food.
- Due to limited space and need for silence, it is best if young siblings are not brought to the appointment.
- If you have twins, it is best to have a second adult available to keep the second twin in the waiting room awake while the first infant is tested.

Due to the long duration of testing, we ask that you make every effort to keep this appointment. If you need to reschedule testing, please give our office no less 3 days notice, so that other families can fill an appointment opening.