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Phone: (509) 624 – 2326 Fax: (509) 744 – 3040

You have been scheduled for:

Computerized Dynamic Posturography (CDP) test (45 minutes) at _____ on _____.

Videonystagmography (VNG) (1 ½ hours) at _____ on _____.

The **CDP** is a procedure that records body movements used to maintain balance in a variety of standing test conditions. It provides a functional assessment of your balance control.

The **VNG** is a test for dizziness, vertigo, or imbalance problems. The information contained in the brochure “On Balance” is a good explanation of the VNG and information it gives your physician.

You may eat a light snack **two to three hours prior** to the examination. Please **Do Not Drink** anything after that time.

Please **do not apply make-up** (especially eyeliner and mascara), cream or lotion to your face prior to the test. These products may interfere with electrode and video recordings. Dress **comfortably** in slacks, no dresses or skirts.

Certain **medications** may change the findings of the vestibular (balance) studies; therefore, we ask that you do not take any non-essential medications for a period of **48 hours prior** to the appointment time. Please review the table below for medications that should not be taken prior to the test.

Please consult your physician before stopping any prescribed medications.

Do Not Take:	Continue to Take:
Pain Medications	Any medication for:
Tranquilizers or anti nausea medications	Heart Problems
Antidepressants	High blood pressure
Sedatives	Diabetes
Alcohol	Seizure prevention
Muscle relaxers	Thyroid
Anti-Inflammatories (Ibuprofen, Motrin)	Hormones
Aspirin	Antibiotics
Antihistamines	Tylenol
Diuretics (Lasix)	Maalox
Barbiturates (Dilantin)	Verelan
Vestibular Suppressants (Meclazine, Antivert, Benadryl, Quinine, Flunarize)	Most decongestants without codeine
Limit Caffeine Consumption	

Any medical questions, including medications, please consult your physician. For any questions regarding the VNG testing procedure, please contact an Audiologist at our clinic: 509-624-2326.

If you need to reschedule your appointment, please call at least 24 hours in advance. The VNG test requires a large block of time to be reserved. Failure to notify the clinic of an appointment cancellation will result in a \$25.00 cancellation charge. Due to the length of these tests it is critical that you arrive on time. Patients who arrive 15 minutes late may have to be rescheduled. Be sure you have made arrangements for someone to drive you home after the test.

Please Note: There may be a scheduled gap between the end of your testing and the physician visit. You may wish to bring a book or something to pass the time between your testing with our audiologist and your physician visit. You should plan on spending the majority of your morning or afternoon with us when having your testing & physician visit the same day.